

SERIES DATES:

September 25
October 9
October 23
November 6
November 20
December 4



ANTI-RACISM WORKSHOP SERIES WITH KERRY CAVERS

Join us as we welcome Kerry Cavers (she/her/hers), Founder and Board President of Moms Against Racism Canada to present a six session series of workshops aimed at educating child care providers in anti-racism, cultural competence, and decolonization. We hope to provide you with tools and support to dismantle racism within yourselves, your families and your communities. This series will include the following sessions (full descriptions on the next page): Interrupting Unconscious Bias/Exploring Identity & Privilege/Antiracism 101/Systemic Racism in Canada: Then and Now/How Racism Shows Up in Your Teams/ Supporting Antiracism in the Early Years.

Certificates for 12 hours of professional development will be issued to participants who complete all six sessions, including pre-reading.

This initiative is funded through the Canada-British Columbia Early Learning and Child Care (ELCC) Agreement between the Government of Canada and the Province of British Columbia, in partnership with the Westcoast Family Centres (Westcoast), the agency responsible for administering the funds.

7:00 PM – 8:30 PM (PST)
Workshop series presented online via Zoom

[REGISTER HERE](#)

Questions? 250.492.2926



ChildCareBC

Funding for the CCRR is provided by the Province of British Columbia.

www.gov.bc.ca/ChildCareResourceReferralCentres



Session 1, September 25 : Interrupting Unconscious Bias:

This workshop provides an introduction to unconscious bias, inviting participants to reflect upon how our ingrained beliefs influence our emotions, behaviours, and thoughts whether we realize it or not. With this understanding we explore ways bias is impacting our life and how to lessen its effects. The main learning objectives in this session are:

1. Defining unconscious bias
2. Reviewing different types of bias that exist
3. Reflecting on how bias may show up for us
4. Exploring what you can do to interrupt your bias

Session 2, October 9 : Exploring Identity and Privilege:

In this workshop we explore how different identity factors and the combination of those provide us with benefits or barriers (or both). The main learning objectives in this session are:

1. Review concepts such as self-identification, intersectionality, stigma, and stereotypes
2. Understand how social constructs work
3. Become familiar with the list of Protected Identity characteristics
4. Map our own identity variables
5. Reflect on areas where we have privilege and how to use it

Session 3, October 23 : Anti-racism 101:

This foundational workshop is facilitated using plain language and gentle compassion, inviting participants to explore some uncomfortable concepts to become more confident in their understanding of racism. The main learning objectives are:

1. Understand the concepts of race, racism, white supremacy and anti-racism
2. Explore the four main types or categories of racism
3. Practice identifying racism
4. Review the steps to becoming anti-racist
5. Reflect on personal anti-racism journey
6. Make a personal commitment to taking action

Session 4, November 6 : Systemic Racism in Canada: Then and Now:

This webinar builds upon the concepts learned in "Anti-Racism 101" by examining their historical and current day context. The main learning objectives are:

1. Review concepts of racialization, racialized, and colonialism
2. Highlight the relation between colonization and racism
3. Review historical to present day examples of racism in Canada
4. Understand the racial impacts of colonization

Session 5, November 20 : How Racism Shows Up in Your Teams:

This workshop continues to build upon the previous sessions and reviews the covert ways racism happens in work-like settings. This session is a mix of theory and application, giving attendees more tools for addressing racism that happens in their teams, workplace, or organizations. Main learning objectives are:

1. Review concepts like tokenism, microaggressions, and emotional labour
2. Learn how to be an Upstander
3. Review what to do when we have caused harm

Session 6, December 4 : Supporting Anti-Racism in the Early Years:

This workshop introduces the different ages and stages of racial awareness and how to support anti-racism values in children from birth to age 7. The main learning objectives are:

1. Understanding the first 3 stages of racial awareness and identity development
2. Reflecting on what we are currently doing and identifying what needs to change
3. Reviewing some strategies we can implement to incorporate anti-racism values
4. Practicing how to have anti-racism conversations with children